



**CHECKLIST OF THE VASCULAR PLANTS of SILVER MOUNTAIN and the STURGEON FALLS TRAIL  
Ottawa National Forest, October 2003**

Present	Scientific name – common name
_____	<i>Abies balsamea</i> - balsam fir
_____	<i>Acer rubrum</i> - red maple
_____	<i>Acer saccharum</i> - sugar maple
_____	<i>Acer spicatum</i> - mountain maple
_____	<i>Achillea millefolium</i> - common yarrow
_____	<i>Actaea pachypoda</i> - white baneberry
_____	<i>Actaea rubra</i> - red baneberry
_____	<i>Amelanchier interior</i> - Pacific serviceberry
_____	<i>Anaphalis margaritacea</i> - pearly everlasting
_____	<i>Antennaria howellii</i> - Howell's pussytoes
_____	<i>Apocynum androsaemifolium</i> - spreading dogbane
_____	<i>Apocynum cannabinum</i> - Indian hemp
_____	<i>Aquilegia canadensis</i> - red columbine
_____	<i>Aralia nudicaulis</i> - wild sarsaparilla
_____	<i>Arctostaphylos uva-ursi</i> - kinnikinnick
_____	<i>Arisaema triphyllum</i> - Jack-in-the-pulpit
_____	<i>Asplenium trichomanes</i> - maidenhair spleenwort
_____	<i>Aster lateriflorus</i> - calico aster
_____	<i>Athyrium filix-femina</i> - common ladyfern
_____	<i>Campanula rotundifolia</i> - bluebell bellflower
_____	<i>Carex arctata</i> - drooping woodland sedge
_____	<i>Carex pedunculata</i> - longstalk sedge
_____	<i>Carex</i> spp. - sedge species
_____	<i>Carex trisperma</i> - three-seeded sedge
_____	<i>Chimaphila umbellata</i> - pipsissewa
_____	<i>Chrysanthemum leucanthemum</i> - ox-eye daisy*
_____	<i>Clinopodium vulgare</i> - wild-basil
_____	<i>Clintonia borealis</i> - bluebead lily
_____	<i>Comptonia peregrina</i> - sweet fern
_____	<i>Cornus alternifolia</i> - alternateleaf dogwood
_____	<i>Cornus canadensis</i> - bunchberry dogwood
_____	<i>Cornus rugosa</i> - roundleaf dogwood
_____	<i>Corydalis sempervirens</i> - rock harlequin
_____	<i>Corylus cornuta</i> - beaked hazelnut
_____	<i>Crataegus</i> sp. - hawthorn
_____	<i>Diervilla lonicera</i> - northern bush honeysuckle
_____	<i>Dirca palustris</i> - eastern leatherwood
_____	<i>Dryopteris carthusiana</i> - spinulose woodfern
_____	<i>Dryopteris intermedia</i> - intermediate woodfern
_____	<i>Epigaea repens</i> - trailing arbutus
_____	<i>Epigaea repens</i> - trailing arbutus
_____	<i>Epipactis helleborine</i> - broadleaf helleborine *
_____	<i>Equisetum sylvaticum</i> - woodland horsetail
_____	<i>Erigeron strigosus</i> - prairie fleabane
_____	<i>Eupatorium maculatum</i> - spotted Joe-Pye weed

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_____	<i>Eupatorium perfoliatum</i> - common boneset
_____	<i>Galium triflorum</i> - fragrant bedstraw
_____	<i>Gaultheria procumbens</i> - eastern teaberry or wintergreen
_____	<i>Gymnocarpium dryopteris</i> - western oak fern
_____	<i>Hieracium aurantiacum</i> - orange hawkweed *
_____	<i>Hieracium piloselloides</i> - tall hawkweed *
_____	<i>Hypericum perforatum</i> - common St. Johnswort *
_____	<i>Juncus tenuis</i> - poverty rush
_____	<i>Juniperus communis</i> var. <i>depressa</i> - common juniper
_____	<i>Lathyrus</i> sp. - pea species
_____	<i>Lobelia kalmii</i> - Ontario lobelia
_____	<i>Lonicera canadensis</i> - American fly honeysuckle
_____	<i>Lycopodium annotinum</i> - stiff clubmoss
_____	<i>Lycopodium dendroideum</i> - tree groundpine
_____	<i>Maianthemum canadense</i> - Canada mayflower
_____	<i>Melampyrum lineare</i> - narrowleaf cow-wheat
_____	<i>Mimulus glabratus</i> var. <i>jamesii</i> - James' monkey-flower
_____	<i>Mitchella repens</i> - partridgeberry
_____	<i>Monotropa hypopithys</i> - pinesap
_____	<i>Monotropa uniflora</i> - Indian pipe
_____	<i>Oryzopsis asperifolia</i> - roughleaf ricegrass
_____	<i>Ostrya virginiana</i> - ironwood
_____	<i>Parnassia parviflora</i> - Grass of Parnassus
_____	<i>Phegopteris connectilis</i> - long beech fern
_____	<i>Phleum pratense</i> - timothy *
_____	<i>Physocarpus opulifolius</i> - common ninebark
_____	<i>Picea glauca</i> - white spruce
_____	<i>Pinus banksiana</i> - jack pine
_____	<i>Pinus resinosa</i> - red pine
_____	<i>Pinus strobus</i> - eastern white pine
_____	<i>Plantago major</i> - common plantain
_____	<i>Poa alsodes</i> - grove bluegrass
_____	<i>Polygala polygama</i> - racemed milkwort
_____	<i>Polygonum cilinode</i> - fringed black bindweed
_____	<i>Polypodium virginianum</i> - rock polypody
_____	<i>Populus grandidentata</i> - bigtooth aspen
_____	<i>Populus tremuloides</i> - quaking aspen
_____	<i>Prenanthes alba</i> - white rattlesnakeroot
_____	<i>Prunella vulgaris</i> - common selfheal
_____	<i>Prunus virginiana</i> - chokecherry
_____	<i>Pteridium aquilinum</i> - western bracken fern
_____	<i>Quercus rubra</i> - northern red oak
_____	<i>Ranunculus acris</i> - tall buttercup
_____	<i>Ranunculus recurvatus</i> - blisterwort
_____	<i>Rhus glabra</i> - smooth sumac

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_____	<i>Ribes hirtellum</i> - hairystem gooseberry
_____	<i>Ribes</i> sp. - currant or gooseberry
_____	<i>Rosa</i> sp. - rose species
_____	<i>Rubus flagellaris</i> - northern dewberry
_____	<i>Rubus idaeus</i> var. <i>strigosus</i> - red raspberry
_____	<i>Rubus</i> spp. - raspberry or blackberry
_____	<i>Rumex acetosella</i> - common sheep sorrel *
_____	<i>Salix humilis</i> - prairie or upland willow
_____	<i>Saxifraga virginiana</i> - early saxifrage
_____	<i>Scirpus atrovirens</i> - green bulrush
_____	<i>Selaginella rupestris</i> - northern selaginella
_____	<i>Smilacina racemosa</i> - false Solomon's-seal
_____	<i>Solidago juncea</i> - early goldenrod
_____	<i>Solidago</i> spp. - goldenrod species
_____	<i>Sorbus decora</i> - northern mountain ash
_____	<i>Taraxacum officinale</i> - common dandelion
_____	<i>Thuja occidentalis</i> - arborvitae or white cedar
_____	<i>Tilia americana</i> - American basswood
_____	<i>Toxicodendron radicans</i> - eastern poison ivy
_____	<i>Trientalis borealis</i> - starflower
_____	<i>Trifolium pratense</i> - red clover *
_____	<i>Ulmus americana</i> - American elm
_____	<i>Uvularia grandiflora</i> - largeflower bellwort
_____	<i>Vaccinium angustifolium</i> - lowbush blueberry
_____	<i>Verbascum thapsus</i> - common mullein *
_____	<i>Veronica officinalis</i> - common gypsyweed
_____	<i>Woodsia ilvensis</i> - rusty woodsia

\* = non-native plant

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