

## ENVIRONMENTAL LEARNING PROGRAMS CELEBRATE WILDFLOWERS

## **#3 PIZZA IS PLANTS**

CONTENT

Most of the food we eat comes from plants. (Everything but water and

salt!)

**GRADE LEVEL** 

K-6.

**OBJECTIVES** 

Understand that everything we eat (except water and minerals, such as

salt) comes from plants.

PROCESS AND RESEARCH SKILLS

Comprehension, application, analysis, synthesis, observation, decision

making.

**PRODUCT** 

Introduction and understanding of how much of our existence

depends upon plants.

SUGGESTED LOCATION

In the classroom or under a large tree.

TIME REQUIRED

10 to 15 minutes.

**MATERIALS** 

None.

ACTIVITY AND DISCUSSION

1. What did you have for lunch today?

Did you eat anything, or have any product that was in your lunch that did not come from a plant? (Only mineral objects, such as plastic bags, salt, water, etc. do not originate from plants.)

plants.)

3. Responses will be brisk: pizza, hamburger, cheese, bologna, chocolate, lollipop, etc. . Briefly track back each item to its source to prove that most of them originally started with plants.

4. Discussion: How important are plants for food?

**EVALUATION** 

Participation in discussion.

**EXTENSION** 

Can you think of other things that we get from plants? (clothing, beauty, paper, fuel, building materials, etc.) Complete lesson plans, "Shopping

for Plants" and "Plant Products."