



Day Hiking

Finger Lakes National Forest



Finger Lakes Trail

Caring for the Land and Serving People

Trail Facts:

Length: 4.0 miles one way	Feature: Views
Max. Elevation Change: 560 feet	USGS maps: Finger Lakes National Forest Quad
Amount of use: Moderate	Hiking level: Easy Blaze: White
Average hike time: 4 ½ - 5 ½ hour round trip	Use restrictions: No horses, mountain bikes, or motorized vehicles.

Trail Description:

This portion of the trail is part of a much larger regional trail system. Passing through remote areas of the Southern Tier of New York State, the main Finger Lakes Trail is 559 miles long and connects the Catskills with the Allegheny Mountains. Some of this trail crosses private land between sections of the Finger Lakes National Forest; please respect private property rights. This portion of the Finger Lakes Trail is also part of the North Country Trail, a National Scenic Trail that originates in North Dakota and meanders east to Lake Champlain. The portion of the trail that crosses the Finger Lakes National Forest is primitive in nature with a natural tread and boardwalk over wet areas. Portions of the trail are moderately steep as it travels through hardwood stands and open areas. There is an 'Adirondack' style shelter that is available for camping on a first come-first served basis. Enjoy old vineyards and beautiful vistas from this trail, including views of Seneca Lake. Please practice Leave No Trace ethics, such as carry out what you carry in.

Skiers use caution: The section between Burnt Hill Road and County Route 4 contains steep downhill runs.

Directions:

From the South, take State Route 14 North (Exit 52 off State Route 17) to Watkins Glen, NY. In Watkins Glen, turn right at the Fourth St intersection onto State Route 414 North. Go approximately 8.5 miles north then turn right on Mathews Road, 0.5 miles before the Hector Ranger Station. Go 1.5 miles east to Satterly Hill Road, turn right, and follow it for 3 miles until you reach the Finger Lakes Trail sign located on the east side of the road.

From the North, take State Route 414 South to Hector, NY (Exit 41 off I-90). In Hector, 0.5 miles past the Hector Ranger Station, turn left onto Mathews Road. Go 1.5 miles east to Satterly Hill Road, turn right, and follow it for 3 miles until you reach the Finger Lakes Trail sign located on the east side of the road.

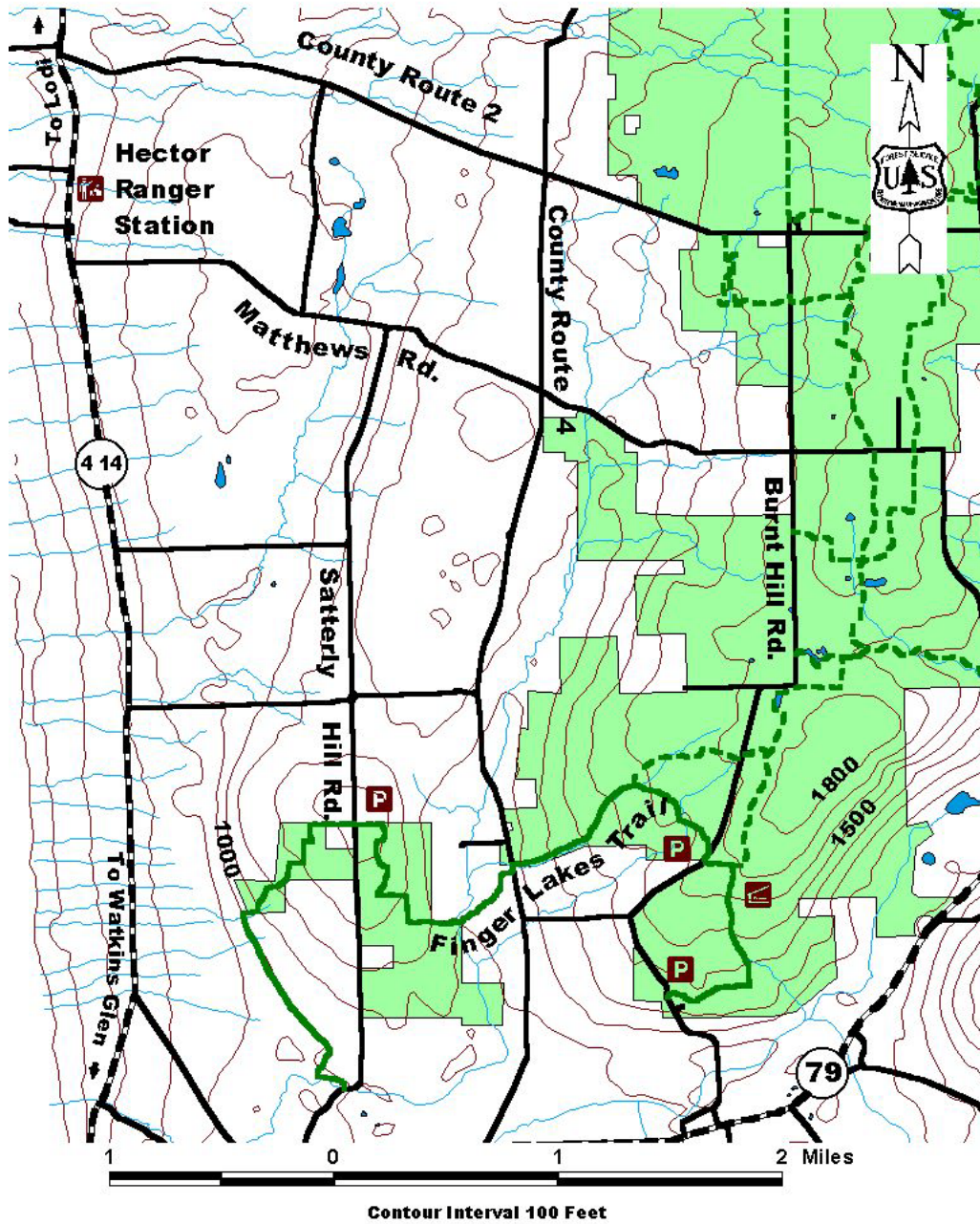
 	U.S. Department of Agriculture	Finger Lakes National Forest
	Forest Service	5218 State Route 414, Hector, NY 14841 Phone:(607) 546-4470 Website: www.fs.usda.gov/fingerlakes

The USDA is an equal opportunity provider and employer.

Area Services:

Food and Services: Hector shops and fuel stations		
For all Emergencies: 911		
Police: (607) 535-6642 or 911	Fire: (607) 535-6642 or 911	Rescue: (607) 535-6642 or 911

Map:



For More Information:

Hector Ranger Station, 5218 State Route 414, Hector, NY 14841, (607) 546-4470

This Recreation Guide is Available in Large Print at Forest Service Information Centers