

Note: Abbreviations at right are for federal lands shown on this map. In many places, exact trail locations have not yet been determined. Portions of the trails indicated on this map may not be accessible for public use. Please check with individual trail clubs and managing offices for the latest available trail locations.

National Park System

MEM	Memorial	NP	National Park
NB	National Battlefield	N PRES	National Preserve
NHP	National Historical Park	NRA	National Recreation Area
NHS	National Historic Site	NRR	National Lakeshore
NL	National Lakeshore	N RES	National Reserve
NM	National Monument	NS	National Seashore
N MEM	National Memorial	NSR	National Scenic Riverway
		PKWY	Parkway

National Forest System

NF	National Forest
NG	National Grassland

Only national park, forest areas, and wildlife refuges that relate to the National Trails System are shown. Map revised September 2007.

Fish and Wildlife Service

NWR	National Wildlife Refuge
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Bureau of Land Management

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- Chesapeake Bay area National Wildlife Refuges**
- 1 Blackwater
 - 2 Eastern Neck
 - 3 Eastern Shore of Virginia
 - 4 Featherstone
 - 5 Fisherman Island
 - 6 James River
 - 7 Martin
 - 8 Mason Neck
 - 9 Nansemond
 - 10 Occoquan Bay
 - 11 Plum Tree Island
 - 12 Presquille
 - 13 Rappahannock River Valley
 - 14 Susquehanna
- National Park sites**
- 15 Colonial NHP
 - 16 Fort Mifflin NM

0 200 400 Kilometers
0 200 400 Miles

North
Scale for all areas except Alaska
0 100 200 Kilometers
0 100 200 Miles