

# Cedar Lake and Old Pine Trails

Ouachita National Forest



Hiking



Interpretive

**Trail Highlights:** Hikers may access the Cedar Lake Trail from any of the established camping areas. The trail hugs the shoreline and completely encircles Cedar Lake. This trail offers an array of opportunities to day hikers who want to view waterfowl and wading birds which frequent the lake.

The Old Pine Trail begins at the Cedar Lake day use area and loops to one of the lake's feeder streams. Interpretive signs along the trail identify the animals that live in the area.

## Surrounding Areas:

- Cedar Lake Recreation Area
- Winding Stair Mountain National Recreation Area

## For More Information Contact:

US Forest Service  
Choctaw Unit—Oklahoma Ranger District  
52175 US Hwy. 59  
Hodgen, OK 74939

(Ten miles south of Heavener on Hwy  
59/270)

(918) 653-2991

## Length one way:

- Cedar Lake Trail - 2.9 miles
- Old Pine Trail - 0.4 mile

## Travel time one way:

- Cedar Lake Trail - 1 to 2 hours
- Old Pine Trail - 15 to 25 minutes

**Access:** 10 miles south of Heavener on U.S. Highway 270/59, 3 miles west on Holson Valley Road to Cedar Lake Road to Cedar Lake Recreation Area.

Parking/trailhead at North Shore day use area.

**Trail Surface & Markings:** Unsurfaced; trail marked with white rectangles.

**Water:** Cedar Lake day use area.

**Difficulty Level:** Easiest.

**History:** The Civilian Conservation Corps crews built these trails in the 1930s.

**Recommended Seasons:** Autumn through spring.



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