



MEDICINE BOW-ROUTT NATIONAL FORESTS
 THUNDER BASIN NATIONAL GRASSLAND
 HAHNS PEAK-BEARS EARS RANGER DISTRICT

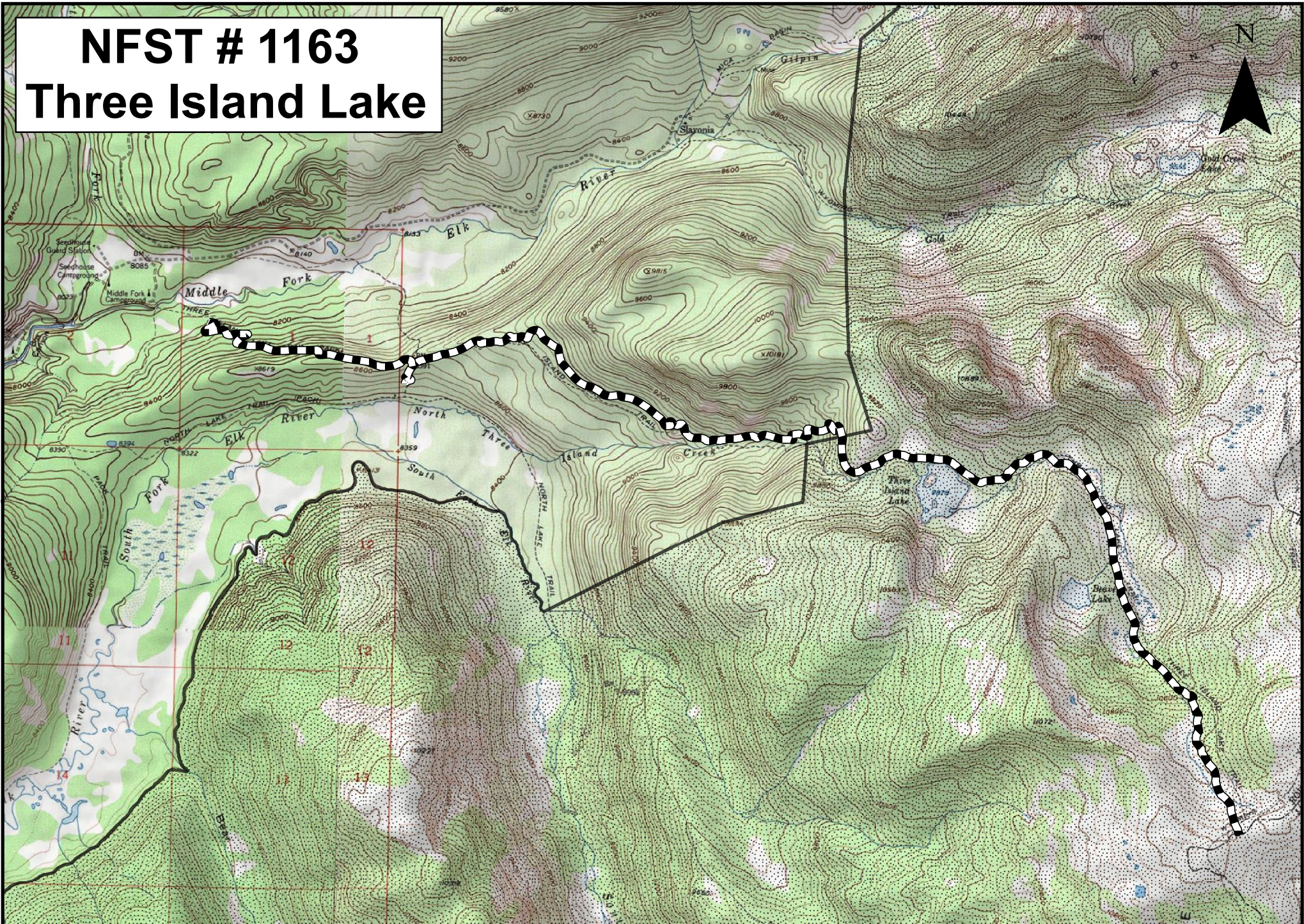
	<p><u>Trail Name:</u> THREE ISLAND LAKE #1163</p>	
<p><u>TRAIL BEGINNING:</u> 8150' elevation (2484 m) at NFSR 443.</p> <p><u>TRAIL ENDING:</u> 10,950' elevation (3338 m) at junction of Wyoming Trail #1101.</p>	<p><u>LENGTH:</u> 6.1 mi (9.8km)</p> <p><u>RECOMMENDED SEASON:</u> Summer Fall</p>	
<p><u>ACCESS:</u> Go west of Steamboat on U.S. 40 about 2 miles to the Elk River Road (County Road #129) then turn right. Go north about 18 miles, just past the Glen Eden Ranch and turn east on the Seedhouse Road #400. Travel about 10 miles, pass the Seedhouse Campground, to NFSR 443 turn right. The Three Island Trailhead is about 3 miles down this road.</p>	<p><u>USE:</u> Very Heavy</p> <p><u>DIFFICULTY:</u> Easy to Moderate</p> <p><u>USGS MAP(S):</u> Farwell Mt., Mt. Zirkel, Mt. Ethel Quads</p>	
<p><u>ATTRACTIONS AND CONSIDERATIONS:</u> This trail and area are popular and receive heavy use. Due to the popularity and easy accessibility of this trail and the lake, this area receives some of the highest use of any area in the Wilderness. This trail is not recommended if you are seeking solitude. Overuse and abuse have led to implementing special regulations to protect fragile shoreline areas and provide for solitude. Camping and campfires are prohibited within ¼ mile of the lake.</p>		
<p><u>NARRATIVE:</u> The trail begins in aspen climbing gradually upward to spruce and fir with some lodgepole pine. At Lookout Rock there is a good view of the South Fork of the Elk River Valley as the hiker continues on to the lake with its three islands. The trail travels past the lake, past Beaver Lake (not visible from the trail) up a rocky section, opening to high meadows and up to the Divide.</p>		

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NFST # 1163 Three Island Lake



THIS GUIDE IS NOT INTENDED TO TAKE THE PLACE OF MOUNTAINEERING SKILLS, COMPASS AND TOPO MAPS OF THE AREA.
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