

Outdoor Essentials

Be prepared and carry these essential items

1 appropriate footwear

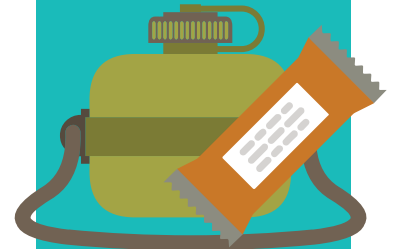


2 printed map



3 4

extra water extra food



5 extra clothing



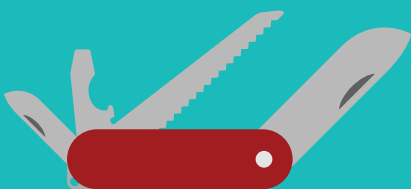
6 emergency items



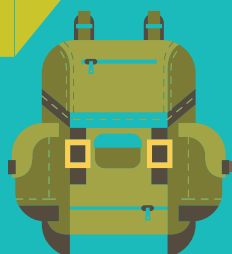
7 first aid kit



8 knife or multi-purpose tool



9 backpack



10

sun hat, sunscreen, sunglasses

