

## Hikes on the South Side-



**South Mountain Trail** is 8.9 miles long and begins on the East side of the La Sal Pass Rd (#50073) and ends on the West side of the same road across from the Squaw Springs trail. This is an arduous trail that circumnavigates South Mountain, offering many different views of the area and a variety of terrain from grassy meadows and rocky hillsides to mixed conifer forests and aspens. Bikes are only allowed on a short section of this trail by Medicine Lake.

### **Pole Canyon Trail**

in the La Sals is 3.0 miles long. It begins at Forest Road #50128. Climbs from the canyon bottom to the top of the ridge, passing through aspens, and ends at the intersection with the South Mtn. trail.



**Doe Canyon Trail** is 2.0 miles long. It begins at Road #50128. It is a steep trail that passes through aspens and tops out on a ridge before dropping into Pole canyon and meeting up with the Pole Canyon trail.

**Burlfriends Trail** is 4 miles long. It begins at La Sal Pass and is a mellow trail that winds through the aspens and pine trees, passing by Beaver Lake before ending on La Sal Pass Road.

**Tuk Trail** is about a mile long. It begins a half mile in on the Burlfriends trail starting at the La Sal Pass parking area. It is a steep climb up to the ridge right below Mt. Tukuhnivatz. **No bikes allowed.**

### **Medicine Lake Trail**

is about 1 mile long. It is a moderate trail through dense mixed conifer that begins at Medicine Lake off La Sal Pass Rd. It ends when it intersects with the South Mtn. trail.



## Hiking the

**Peaks-** There are no constructed trails to the peaks with the exception of Manns Peak and the Tuk trail to the ridge below the peak.



There may be social trails in place but the hike to the top normally requires some scrambling over loose scree slopes. There may be route finding involved so make sure you have the proper gear and knowledge to find the way. Cell coverage is spotty at best in this rugged environment. Be prepared for all weather conditions, even in summer. Access to Mt. Peale, Mt. Tukuhnivatz



and South Mtn. are accessed by the La Sal Pass Rd from Hwy 46 past the town of La Sal. Mt Tomaski, Manns, Mt. Mellenthin, and Haystack are accessed by the Geyser Pass Rd. Mt Waas is accessed by either Beaver Basin or Miner's Basin. It is the most inaccessible of the peaks. Higher clearance/4 wheel

drive may be necessary to access trailheads depending on conditions.

**PLEASE NOTE:** To reduce damage to alpine plants and their habitat, please do not urinate on plants or soils above the treeline. Only urinate on areas of rocky talus, on snow, or below the treeline in the forest. Mountain goats crave salts and will dig up plants and soil that humans have urinated on.

## Hikes on the East Side

**Sinbad Ridge-** The Sinbad Ridge trail is 8.4 miles long. It begins at Road #54671 and ends at Pb 38. It is located in the area near Buckeye Reservoir and is rarely used.

# La Sal Mountains Hiking Guide



The La Sal Mountains are a great place to hike to escape the summer heat of Moab. With multiple peaks over 12,000 ft and over 300 miles of trails, they can provide a rugged hiking experience or a pleasant walk among the trees. Trails are typically multiuse so please be aware of proper etiquette:



**Manti- La Sal National Forest  
Moab Ranger District**

P.O. Box 386  
62 E 100 N  
Moab, UT 84532  
Phone: 435-259-7155



La Sal Mountain Hikes- Distances are one way unless marked RT (round trip). All trails are open to bicycles, equestrian users, and hikers unless otherwise stated in the description. Please be considerate of all trail users.



### Warner and Oowah Lake Areas

**Warner to Miner's Basin**— 3 miles. Steep trail from either the end of the Miner's Basin Rd (4wd recommended) or can be accessed from Warner Lake. Trail goes to a the remains of a historic mining town. **No bikes allowed.**



**Gold Knob**— 3 miles RT. Short steep spur off the trail from Warner Lake to Miner's Basin that gives the hiker an amazing view of the surrounding area from just over 11000ft. **No bikes allowed.**

**Warner to Oowah Lake**— 2 miles. Starts at either Warner Lake or Oowah Lake and is steep and rocky with an elevation change of about 1600ft. Comes out about a 1/4 mile from Oowah Lake on the road.

**Oowah-Clark Lake Loop**- 3 miles RT. Begins on the NE side of Oowah Lake and climbs 2000 feet in elevation through a mixed conifer forest to meadows. Loop back to Oowah by taking the Boren Mesa trail back down. A 1 mile long trail connects the Oowah-Clark Lake trail with the Boren Mesa trail to create a nice loop through the spruce and fir forest. This trail passes by Clark Lake, the only



lake in the La Sals not accessible by road.

**Boren Mesa**-3.5 miles. Begins at Oowah Lake and climbs up to end on the Geyser Pass Rd. about 3 miles above the Loop Rd at Brumley Ridge. Steep trail with mixed vegetation with aspens, mixed conifers, and oak brush.

### Geyser Pass Area

**Squaw Springs** trail is 4.1 miles long. The most commonly traveled direction is from Forest Road #071 (Geyser Pass) and to Forest Road #073 (Pack Creek-La Sal Pass). This trail traverses the face of the La Sals, crossing Brumley Creek and Dorry Canyon and Squaw Spring. It travels through aspen stands with outstanding views back towards Moab and Canyonlands National Park.

**Burro Pass**— 4 miles. High levels of bike traffic possible. Begins off the Geyser Pass Rd. climbing until it reaches 10,800ft then descending to Warner Lake. Steep, narrow switchbacks are common along this trail as it winds through open meadows and spruce/fir forest.

**Manns Peak**— 4 miles RT. Begins on Geyser Pass Road and follows the Burro Pass Trail. Follow the signs at Burro Pass to stay on trail to climb up Manns Peak. Steep climb.



Please read the 'Hiking the peaks' section on the other side. **No Bikes allowed on this trail.**

**Brumley Creek-La Sal Springs**— 4 miles. Begins on Geyser Pass Rd across from where the Boren Mesa trail ends about 3 miles above the Loop Rd. Traverses through oak brush, aspens, and meadows.

**Trans La Sal Trail**- The Trans La Sal Trail is a series of trails that crosses the western side of the mountains starting at South Mountain and ending at the end of an old road in Castleton. This trail encompasses (starting in the south): Doe & Pole Canyon trails, South Mountain trail, Brumley Creek to La Sal Springs, Boren Mesa-Oowah, Oowah Lake to Warner Lake, Warner Lake-Miners Basin-Bachelor Basin, & Bachelor Basin to Castleton.

### Hikes on the North Side

#### **Fisher Mesa**

The Fisher Mesa Trail is 2.6 miles long. It creates a loop with Forest Road #601.

The trail follows the edge of Fisher Mesa from its southern



trailhead. When it reaches the Forest Service Boundary the trail turns west and at this point you can use Forest Road #601 to return to the trailhead. Another option would be to continue out along the rim, following the mesa edge until the end and then returning along FS Rd. #601. This

option is over 20 miles if you do the whole mesa.

#### **Side Trip:**

#### **Bull Canyon Dinosaur**

**Tracks** are just up the road from the Fisher Mesa trailhead, about a half mile. These are well preserved Late Jurassic theropod tracks and worth a trip if you have the time. It is only a short walk from the parking area to



get to the track site.

#### **Bachelor Basin**

The Bachelor Basin trail is 6.6 miles long. It begins at Forest Road (FR) 0065/Miners Basin Road and ends at FR 0207/Gateway Road. The trail goes from oak brush to mixed conifers and aspens and passes through meadows and steep hillsides. The last 1.1 miles of the trail on the northern end are on private land, so trail users should plan to stay on the trail through this property. The trail shares a trailhead with the Miners Basin Trail. **No Bikes allowed.**