

Position Description – Pacific Southwest Region  
Human Performance Specialist  
THSP – Exception Position 3 – AD-F

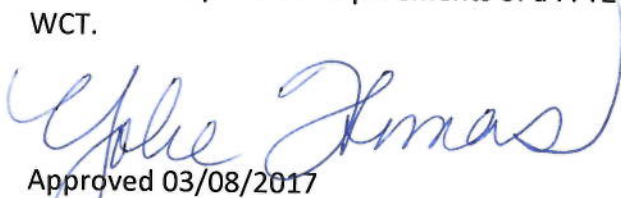
**Introduction:** This position serves as an expert in physical performance for a variety of fire line duties. The incumbent helps those involved and their colleagues better understand not only how to better prepare for the specific work but how to execute the duties in a way that prevents physical injury. The individual is knowledgeable in the theories and concepts of the “Tactical Athlete” principles and understands relations to the wildland firefighting occupation. Individual possess a background in physical therapy and/or sports medicine and is educated in correct form movement.

**Duties:** Observe physical on the job movement of wildland firefighters and participate in firefighter duties as assigned in an incident environment to produce the following:

- a. Obtain comprehensive knowledge of the variety of tasks wildland firefighters perform and the environments in which they operate.
- b. Re-inforce physical movement behaviors for employees to promote injury prevention and build injury resilience.
- c. Prescribe physical fitness routines and nutrition guidance that enhances wildland firefighter performance.
- d. Collaborate with Incident staff (safety officers) to assist with injury prevention.
- e. Generate reports or findings and share with agency Human Performance staff (MTDC).
- f. Perform wildland firefighting duties equivalent to the FFT2 level.

**Qualification Requirements:**

- a. Must possess experience and certification in physical or sports therapy.
- b. Have a working knowledge of the wildland firefighting occupation and elements of the “fire fit” program <https://www.nifc.gov/FireFit/resources.htm>
- c. Meet NWCG position requirements of a FFT2 and be current with RT-130 and Arduous WCT.



Approved 03/08/2017

Yolie Thomas

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Pacific Southwest Region