



DEER HOLLOW WINTER RECREATION AREA

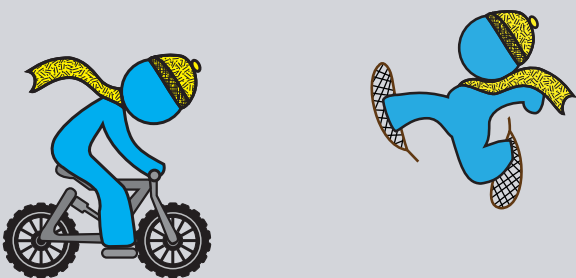
DEER HOLLOW WINTER RECREATION AREA

The Deer Hollow Winter Recreation Area encompasses more than 1,300 acres of some of the most beautiful winter landscapes on the Dixie National Forest. Just a short half-hour from Cedar City, the area is ideal for cross-country skiing. Skiing season usually starts mid-December and wraps up mid to late March.

Whether you are experienced or new to cross-country skiing, with nearly 37 kilometers (23 miles) of groomed cross-country ski trails, there are loops designed for every level and type of skier. From the relatively quick and easy A Loop, to the more arduous E Loop, there is something for everyone.

There are more than 2.5 kilometers (1.6 miles) of snowshoe/multi-use trails on the east side of the recreation area. These trails take you to the Lava Field and Navajo Lake Overlooks.

The Aspen Trail is slightly more than 2 kilometers (1.3 miles) and has been created for skiers and their dogs. Skiers and dogs are also welcome on Hollow, Sinkhole, and snowshoe trails.



LOOP DESCRIPTIONS

There's no right or wrong path to take to enjoy the trails in the recreation area. The following loop suggestions will help you get the most out of time you have to spend on the forest.

A Loop 2.7 km - 1.7 mi

The A Loop provides the gentlest terrain of the entire trail system. It's a great loop for skaters or beginning skiers. Observe the small sinkholes scattered throughout the meadow.

B Loop 4.3 km - 2.7 mi

The B Loop offers the same scenic tour through aspens and small meadows as the D and E Loops but requires only about half the elevation gain. It's a fun ski for those ready for the challenge of some hills and a bit more distance than the A Loop.

C Loop 4.8 km - 3.0 mi

The C Loop is an out-and-back ski that follows the A Loop then continues along a forest road to the west edge of the Deer Valley Winter Recreation Area. Along the west half of the trail you will encounter some gentle uphill outbound. This trail is the best way to access and explore the untrammeled western half of the Recreation Area.

D Loop 5.2 km - 3.2 mi

The D Loop is very similar to the E Loop but does not include the Sinkhole Trail. This loop takes you to the highest point on the groomed trail system and provides a great workout.

E Loop 6.4 km - 4.6 mi

The E Loop takes you around the entire perimeter of the groomed ski trails and features the maximum elevation gain and loss of all the loops. If you ski the loop clockwise, highlights include a short, steep climb on the Sinkhole Trail; the Navajo Lake Overlook; and a long, continuous downhill along the Dolomite Trail. The upper reaches of the loop provide the most remote, "back country" experience on the groomed trails system.

Pebble Snowshoe Loop .87 km - .54 mi

The Pebble Loop is the place to go for the littlest snowshoers. Your family will experience the wonderful tranquility of Deer Valley in winter while traveling only .87 km.

Boulder Snowshoe Loop 3.1 km - 1.9 mi

This is a mellow loop designed for snowshoers and folks who ski or snowshoe with dogs. The loop provides access to both Lava Fields Overlook and the Navajo Lake Overlook.

Aspen Loop 2.2 km - 1.3 mi

The Aspen Loop has been designed for skiing with dogs. This loop follows portions of several ski trails before turning off onto the Aspen Trail.



This is a high altitude environment. Some visitors may experience symptoms associated with Deer Hollow's high altitude. Symptoms may include headaches, nausea, loss of appetite, restless sleep, coughing, and difficulty in breathing. If symptoms persist or if you have a concern about your health, you should seek medical attention.

For emergencies dial: 911
Iron County Sheriff: 435-867-7500
Kane County Sheriff: 435-644-2349
utahavalanchecenter.org: 1-888-999-4019

For local conditions and grooming

information contact:

Dixie National Forest - Cedar City Ranger District

435-865-3200

Utah Department of Transportation Road

Conditions

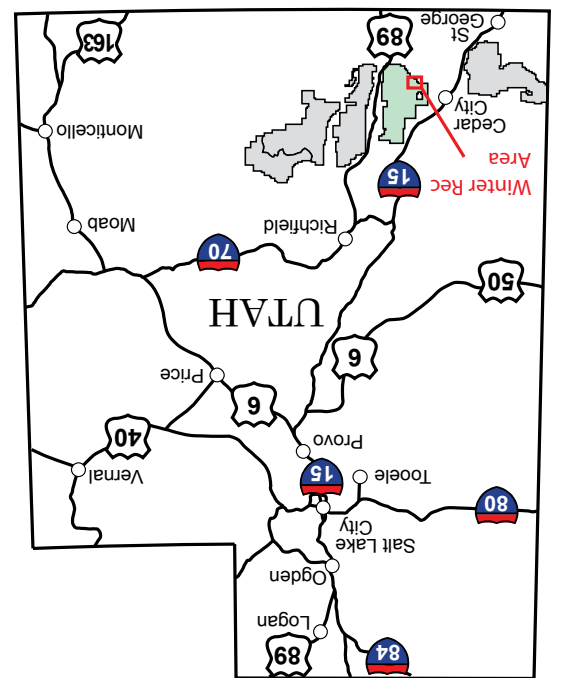
1-866-511-UTAH (8824)

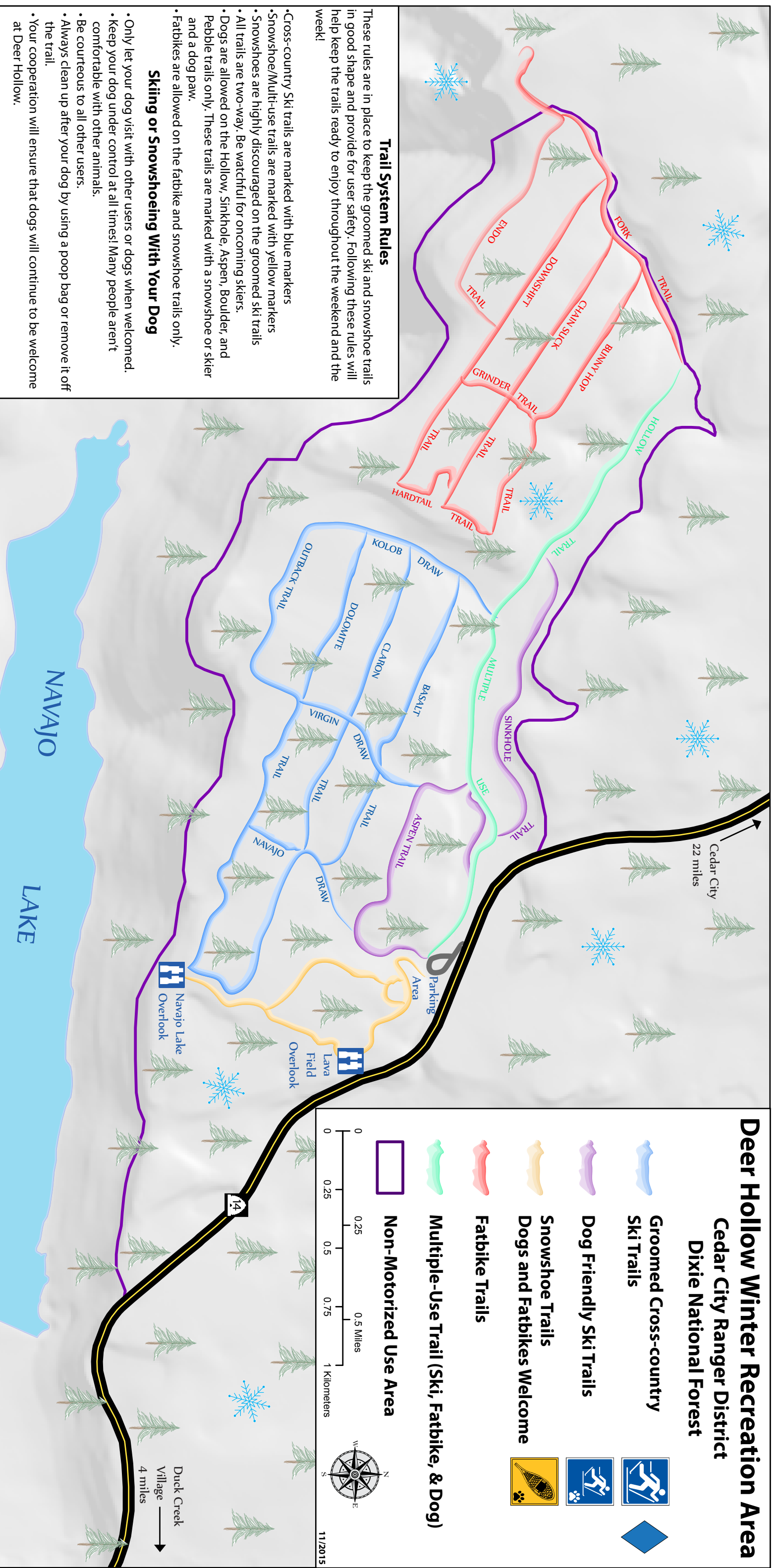


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Trail System Rules

These rules are in place to keep the groomed ski and snowshoe trails in good shape and provide for user safety. Following these rules will help keep the trails ready to enjoy throughout the weekend and the week!

- Cross-country Ski trails are marked with blue markers
 - Snowshoe/Multi-use trails are marked with yellow markers
 - Snowshoes are highly discouraged on the groomed ski trails.
 - All trails are two-way. Be watchful for oncoming skiers.
 - Dogs are allowed on the Hollow, Sinkhole, Aspen, Boulder, and Pebble trails only. These trails are marked with a snowshoe or skier and a dog paw.
 - Fatbikes are allowed on the fatbike and snowshoe trails only.
- Skiing or Snowshoeing With Your Dog**
- Only let your dog visit with other users or dogs when welcomed.
 - Keep your dog under control at all times! Many people aren't comfortable with other animals.
 - Be courteous to all other users.
 - Always clean up after your dog by using a poop bag or remove it off the trail.
 - Your cooperation will ensure that dogs will continue to be welcome at Deer Hollow.

