

Position Description - Pacific Southwest
Region Human Performance BA/BS or
MA/MS Assistant Director Work Leader in
Human Performance
THSP - Exception Position 4 - AD-I

Level AD-I. Positions at this level require skills acquired through specific job training, technical education, or experience and require the ability to apply or use specialized, complicated techniques or equipment. The incumbent of this position is expected to instruct others in the requirements of the job, plan work, or supervise positions at the next lower level. This level requires independent judgment and decision making. Assignments are expected to be completed and problems resolved independently.

Introduction: This position serves as an expert in human performance for a variety of field duties and wildland fire line duties. The incumbent helps those involved and their colleagues better understand how to prepare for specific field work and how to execute the duties in a way that prevents physical injury. The individual is knowledgeable in the theories and concepts of the "Human Performance" principles and understands relations to working in forest lands and wildland firefighting occupation. Individuals possess a bachelor's in art/bachelors science or masters' arts/masters in science in sport and performance, sports medicine, physical therapy and may have experience in corrective movement training.

Duties:

Evaluate on the job physical movement of Forest Service employees and personnel engaged wildland firefighting activities.

Participate in firefighter duties as assigned in an incident environment to produce the following:

- a. Obtain comprehensive knowledge of the variety of tasks wildland firefighters perform and the environments in which they operate.
- b. Lead instructor and assist with course development of fitness courses for Forest service employees.
- c. Re-in force physical movement behaviors for employees to promote injury prevention and build injury resilience.
- d. Travel to Forest Service offices to review training, provide functional movement testing, and work with crews to review injury prevention training.
- e. Obtain data for tracking long term healthy outcomes.
- f. Able to lead and perform field testing in VO₂, lactate threshold, power,
- g. Able to assist in physical fitness routines and nutrition guidance that enhances Forest Service employees performance in the field and employees engaged wildland firefighter activities.
- h. Collaborate with Incident staff (safety officers) to assist with injury prevention.
- i. Generate reports or findings and share with agency Human Performance staff (MTDP).

- j. Perform wildland firefighting duties equivalent to the FFT2 level.

Qualification Requirements:

- a. Must possess experience or BA/BS or MA/MS in physiology, kinesiology, or certification in physical or sports therapy.
- b. Have a working knowledge of the wildland firefighting occupation.
- c. Meet NWCG position requirements of a FFT2 and be current with RT-130 and Arduous WCT.

Kris Armstrong

Assistant Director Detail

**Incident Business Administration
Fire & Aviation Management**

Forest Service

Pacific Southern Region

Fire & Aviation Management