



Pacific Northwest Region and Northern Region | October 2022

Pacific Northwest National Scenic Trail



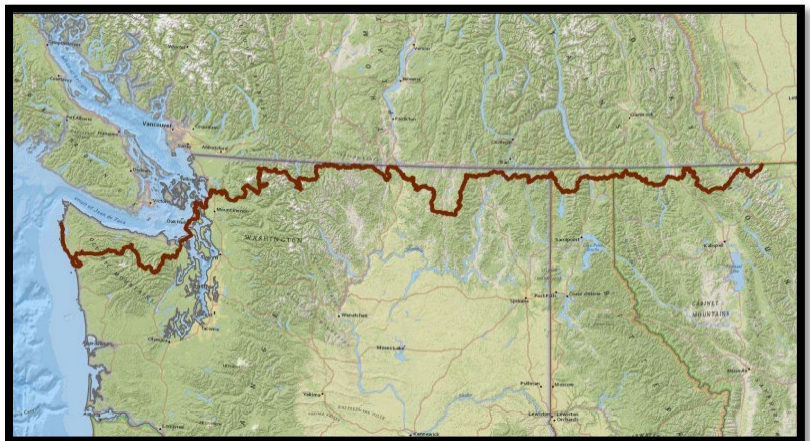
The Pacific Northwest Trail (PNT) is a 1,200-mile route from the Continental Divide to the Pacific Ocean for long-distance hiking and non-motorized recreation. It travels through some of the most spectacular and diverse landscapes in the Northwest, crossing over mountain ranges and passing through lush, verdant forests. The route includes 3 national parks, 7 national forests, and 6 wilderness areas. In 2009, Congress designated the PNT as a national scenic trail. Learn more at: <https://www.fs.usda.gov/pnt>.

Come visit America's National Trails System

The National Trails System spans the United States, providing unique opportunities to connect to nature, culture, and history in all 50 states, in both urban and rural settings. The National Trails System is made up of national scenic trails, national historic trails, and national recreation trails. The National Trails System was established by Congress in 1968 to to “provide for the ever-increasing outdoor recreation needs of an expanding population and in order to promote the preservation of, public access to, travel within, and enjoyment and appreciation of the open-air, outdoor areas and historic resources of the Nation.” (16 U.S.C. 1241) Learn more at <https://www.nps.gov/subjects/nationaltrailssystem/>.

How can I visit the Pacific Northwest National Scenic Trail?

Communities and trailheads in northwest Montana, north Idaho, and Washington provide access to the PNT for day and overnight visits. Hikers traversing the entire PNT start in Glacier National Park (westbound) or Olympic National Park (eastbound). Permits are required at some trailheads and for overnight camping in national parks. The non-profit Pacific Northwest Trail Association provides maps, permit information, and help to plan your trip: <https://www.pnt.org>.



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